



# *Gatewari Spa*

BODY & SPIRIT HEALING SANCTUARY  
BY THE VILLA GROUP

## Step into a World of Sensations

Welcome to a world of exquisite sensations at the Tatewari SPA, a unique space where you can rediscover the concept of well-being, health and beauty and where we will do everything possible so that you feel maximum comfort while enjoying our indulgent spa treatments and relaxing thermal circuit. At the Tatewari Spa, you will receive personalized service in a sophisticated and relaxing atmosphere. The soft glow of candlelight, subtle and relaxing music, pleasant sounds of nature, and sweet aroma of our essences, all combine to create the ideal setting for the perfect spa treatment. Close your eyes, relax and let yourself go; we'll do the rest.

**Welcome to the Tatewari Spa; a holiday for your body and rest for your soul.**

Cordially Management.

SPA Ext. 750 & 752

## SPA ETIQUETTE

**I.** To preserve the harmony within the spa we kindly ask you to turn off all cellular phones.

**II.** For the privacy and comfort of all guests, please use your swimsuit in when indulging in the hydrothermal experience.

**III.** The best way to fully enjoy your unique spa experience is by arriving on time.

**IV.** The minimum age to be able to use the facilities of the hydrotherapy area and Water Ritual is sixteen. For the wellbeing of children, we do not recommend the use of our hydrotherapy circuit for minors.

**V.** Food and drinks are not permitted within the spa's facilities.

**VI.** Alcoholic beverages are not permitted within the spa. For your own safety, we reserve the right to refuse service or treatment to individuals who are under the influence of Alcohol or drugs.

**VII.** Please leave your jewelry or valuables in the safe located in your suite. The spa is not responsible for lost or forgotten items within their facilities.

**VIII.** We remind you that all our treatments and services are 100% therapeutic, any inappropriate behavior will result in the termination of a therapist's service, without the possibility of refund.

## HEALTH

Upon arrival at the spa we will give you a medical form to fill out. Please report any medical conditions, allergies, pregnancy, high pressure or asthma so that we may better serve your needs. Some of our treatments are not recommended in the event of illness or pregnancy.

## GIFT CERTIFICATES

What better gift than an indulgent spa experience. Gift certificates are available for any treatment or products at the spa boutique.

## TIPS

Included in the total price is a 10% service charge which is shared among all staff of the spa. In the event that you would like to leave an additional tip for someone in particular, we have envelopes at reception where you can reward exceptional service.

## LATE ARRIVALS

Please understand that arriving late to your appointment may mean that the time of your treatment may be reduced or canceled completely if time does not permit a quality experience. If this is the case, the Spa can provide another available appointment time so you can enjoy the full SPA experience. Please be advised that it may not be possible to extend your treatment schedule, however you will be charged for the total cost of the service.

## CANCELLATION POLICY

For the consideration of other guests, we ask that you please cancel appointments a minimum of 24 hours in advance, otherwise, you will be charged the full price of the treatment.

Group reservations fall under a different cancellation policy. Please see your group contract for further details.

## SERVICE CHARGES AND TAXES

The price of services at the Spa already include a 16% sales tax required by law and 10% service charge.

*Reservations for groups are under different cancellation policies and subject to a contract.*

## OUR SIGNATURE WATER RITUAL

Prepare your body and relax your mind with this hydrothermal ritual that will help you activate your metabolism, leaving it ready to receive all the benefits of the treatments you select. Immerse your body and your soul on a journey of introspection, designed to help you revitalize, rejuvenate and relax.

The hydrothermal circuit at the Tatewari Spa is composed of different water experiences, including a sauna, steam room, pressure shower, jacuzzi, immersion fountain, and a waterfall. In addition to:

- A Relaxation lounge area
- Natural drinks made with fruit from the region
- Natural tea or tizanas
- Personal use amenities
- Lockers
- Toilets and showers
- Robe service (please bring your own beach sandals for use inside the SPA facilities, for your own safety is not permitted to walk barefoot)
- Personalized Valet service
- 14 Treatment Suites
- 1 VIP treatment cabin (included only in couple packages, the use of the cabin has an extra charge)

## NEW MOON RITUAL

Ritual of Transformation & Change

“Discovering, who we are, where we are going & who will accompany us on this trip can take a lifetime.”

### TATEWARI SIGNATURE FACIAL TREATMENT

100 minutes

Often described as a non-surgical face-lift, this 3 layer facial works wonders on all skin types. It improves skin's clarity, elasticity, texture and overall health. This enzyme facial also encourages detoxification and helps to speed up cell metabolism.

This is what you need to smooth the skin and soften wrinkles to so that your skin glows with the healthier radiance of youth.

Includes steam vapor, extractions and scalp and hand massage.

### TATEWARI RENEW FACIAL

80 minutes

This facial address dry dehydrated skin. Though-out the facial minerals and vitamins are infused into the skin to hydrate the skin for total rejuvenation Deep cleansing, enzyme exfoliation, a layering of vitamin serums are massaged into the skin and reinforced with ultrasound then a customized vitamin masque.

### TATEWARI DELUXE REPAIR FACIAL

80 minutes

Utilizing natural lightening ingredients, this facial will brighten the skin by decreasing the visibility of hyperpigmentation and uneven skin tone. Deep cleansing, type of exfoliation will be decided after skin assessment, facial massage with products that will promote skin clarity, brightening masque, vitamin serum that should be left on the skin for 24 hours and may promote visible skin exfoliation in 48 hours.

### INTENSIVE RECOVERY FACIAL

50 minutes

Hydration is essential to the skin and Soothes has created this dual-solution to restore the skin's capacity to self-hydrate. The intensive facial works to gently exfoliate, re-hydrate, regenerate, plump and re-balance.

 *Signature treatment.*

RENEWAL

## **TATEWARI SEAWEED LAVENDER & PROPOLIS FACIAL**

50 minutes

This facial is an extremely calming treatment for delicate skins, while replenishing and hydrating with mineral rich South Pacific Ocean seaweed and blended with powerful anti-oxidants of Green Tea and super-root Ginger. Gentle and effective for even the most sensitive skins.

## **DETOX FACIAL**

50/80 minutes

The aromatic spices of Chai are the inspiration for this facial. Cinnamon, Nutmeg and Clove promote circulation and detoxification, while Horse Chestnut, Butcher's Broom and Marigold strengthen capillaries and soothe skin. Indian Springs Clay, Organic Soy and Green Tea form the base of a deep cleaning mud mask. Vegan, contains certified organic ingredients.

## **TATEWARI GOLF (GENTLEMAN ONLY LADIES FORBIDDEN) FACIAL**

80 minutes

This Facial is a tribute to the classic Gentleman's barber shop, where steaming hot towels and massage are staples of the experience. A refreshing deep cleanse and thorough exfoliation lead to total relaxation as the stress and tension are worked out of your neck, shoulders & scalp. An exotic mix of precious oils such as tobacco, sandalwood & spruces are hand blended to create an aroma you will not be able to get enough of.

 *Signature treatment.*

## **BLUE MOON RITUAL**

“Blue moon, moon that shines so bright, moon with special powers so that this night you reign harmony on men and peace on the universe.”

### **BEAUTY RITUAL**

130 minutes

Relax and enjoy this package designed especially for you. The experience includes a pomegranate and tequila facial, a manicure and a classic pedicure to have you looking beautiful from head to toe.

### **DETOX RITUAL**

130 minutes

Enjoy a complete detoxification from head to toe with our detox ritual. We begin with our black mud body treatment where the scents of eucalyptus and pine combine with the mud to revitalize your body and absorb the toxins that accumulate from everyday life. We continue with a lavender, propolis and seaweed facial that will help you regenerate collagen and erase fine lines. This is one of the best therapies to help you achieve complete detoxification of the body.

### **TAU RITUAL**

130 minutes

Submerge yourself in a world of sensations with this exquisite sun experience that will calm your spirit, your mind and your soul. We begin with a full body exfoliation with a soft tropical exfoliant, which serves to prepare the skin for full absorption of the heated river stones used during our prehispanic massage that is to follow. Finishing off the ritual is a refreshing Seaweed Facial that creates the most sublime feeling for an overall wondrous experience.

 *Signature treatment.*

## SIGNATURE SERVICES

### SIGNATURE TATEWARI MASSAGE

90 minutes

Discover this bestseller signature massage, which combines western & eastern techniques. Blending Thai stretching, Tu-ina movements (Chinese Medicine) & the classic Swedish & sport influenced, this massage works to deliver deeply relaxing yet energizing results.

### THAI REFLEXOLOGY SIGNATURE SERVICES

80 minutes

Thai reflexology foot massage is an intensely relaxing experience, relieving stress in ways you may never felt before. We use our fingers & wooden reflexology stick to massage and stimulate unique reflexology points on your feet and lower legs. This powerful therapy eases away tension and leaves you feeling light and springy on your feet once more.



REGENERATE



## FIRST QUARTER MOON RITUAL

“The moonlight comes and it gives me strength for this new beginning. Every day is a new beginning for my dreams. Today, I declare that my journey begins without falter.”

### PAPAYA & MANGO TROPICAL EXFOLIATION

30 minutes

Enjoy the wonderful experience of a body scrub to remove dead skin cells and regenerate your skin. Finish this service with a delicious application of orange cream that will show off your fresh, bright skin.

### MINERALIZING BLACK MUD

80 minutes

Mud is one of the most common natural elements on earth. It nourishes our bodies with minerals, which produce a myriad of positive effects, such as muscle relaxation and tension relief. It also helps our body to dispose of toxins and it leaves the skin clean and free of imperfections. After this indulgent treatment you will receive a 30 minute back massage to help relax your senses.



*Signature treatment.*

### MAYAN MUD MASSAGE

80 minutes

Delicious massage with a creamy Mayan mud that helps to detoxify and stimulate the body's systems. To top off the massage, after a hot shower, we will apply a delicious relaxing cream that will complete the exquisite sensory experience.

### MEXICAN COPAL BATH

60 minutes

This delicious holistic & healing experience begins with a relaxing bath, treated with your choice of vanilla, lavender, rose petals or peppermint aromatic salts. During this time, one of our trained massage therapists will apply a neck, shoulder and head massage that will help you to relax. Rounding out the imperial treatment is a signature body exfoliation with a gentle scrub and the application of a citrus cream, which combine to form a truly divine experience.

### DELICIOUS MEXICAN TRADITION SCRUBS & BODY WRAPS

50 minutes

Nourish your body with captivating fragrances and the best textures of Mexican culture for an essence of nature that will reduce your senses. Each body treatment starts with a rich exfoliation, followed by a nourishing mask of your choice & ends with the application of a nutritive body lotion for an experience full of sensations that you shouldn't stop feeling.

### YOGURT WITH HONEY

(Moisturizing, soothing and toning)

### MARINE ALGAE TREATMENT

(Slimming, fluid retention)

### TEPEZCOHUIE PREHISPANIC TREATMENT

(Refreshing & energizing)

### TEQUILA & PEPPERMINT TREATMENT

(Regenerate and sooth dry & dehydrated skin)

### GRAPEFRUIT TREATMENT

(Reduces the retention of liquids & tones)

DETOX

## FULL MOON RITUAL

This is the moon of expansion and fullness, believed to invoke positive things: such as prosperity, abundance, love, fertility and creativity.

It is the moon to celebrate with the maximum energy, acting out to the fullest. It is a time of fullness, maturity and culmination.

### **BABY ON BOARD MASSAGE**

50 minutes

With the ultimate tenderness we will strengthen the growth and development of this wonderful creation, passing along a wealth of innocent energy. This unique ritual connects a mother and her baby by eliminating anxiety or occasional depression. The mother will enjoy a full and relaxing massage that will fill her with energy and both mental and emotional balance (only recommended between 4 and 7 months of pregnancy).

### **AROMATHERAPY & LYMPHATIC MASSAGE**

50/80 minutes

The use of essential oils combines the sense of smell and touch to promote both a physical and mental release of tension. This unique treatment works to reduce stress and improve the immune system, while benefiting vascular and lymphatic circulation. This massage is ideal for soothing the body, mind and spirit. Not recommended for people with severe allergic reactions.

### **SWEDISH MASSAGE**

30/50/80 minutes

Relax and regain your vital energy through a full body massage using one of the most complete massage techniques in the world. The accumulated stress will disappear after the treatment is complete, not only reducing tension in your muscles, but improving your body's circulation as well. (30 minutes only includes back shoulders & arms).

### **THERAPEUTIC MASSAGE**

80 minutes

Personalized therapy that uses different massage techniques: Swedish, reflexology, stretching, deep tissue and acupressure massage, providing a total wellness experience for your body & soul. One of our best massages, no doubt.

### **PERSONALIZED TRANSFORMATIONAL MASSAGE**

50/80 minutes

Customize your massage through the choice of different techniques, dynamics and body areas according to your needs and preferences. We want to pamper you to the fullest, while embracing what makes each one of you unique and different.

### **DEEP TISSUE MASSAGE**

30/50/80 minutes

Massage therapy specializing in muscle relaxation on a deeper level using a technique of slow manipulations. This indulgent massages helps to release the stress that accumulates due to exercise and daily routines (30 minutes massage is only in back, shoulders & arms)

## THIRD QUARTER MOON RITUAL

It is the moon for meditate on what does not work for us, to get rid of what does not help us and what is not useful or necessary in our lives. It is the moon for cleaning and purification, is the goodbye moon, renewing us and allowing us to begin again.

### **THE WALKING RITUAL**

30 minutes

We start our ritual with a cleaning of your feet with scented wipes and a rich exfoliation. We continue with a deep massage, addressing reflex points, a delicious lymphatic drain and stretching of the legs. Once we have succeeded in completely relaxing your legs and feet, we will finish with the application of our foot balm made with peppermint & eucalyptus that will leave you feeling like new.

### **PUERTO VALLARTA RIVER STONE MASSAGE**

80 minutes

River stones contain all the strength and wisdom of nature. Water, fire, air and earth are the elements that these stones have been in contact with and they transmit a universal healing energy. In this mystical massage, we use stones to invite the internal heat that soothes your muscular system, activating circulation, eliminating toxins and relaxing the nervous system.

## **PATH TO THE SUN RITUAL**

Special Healing Therapies

It is energy which transforms solid into liquid and this liquid into gas. It is an element of transmutation. The Sun is heat and light, identified within all religions as the creator of the universe.

(The reservation of these therapies must be done so 24 hours in advance to ensure our professionals are onsite, any cancellations will incur a charge of 50 %.)

### **HERB PINDAS AROMATIC MASSAGE**

80 minutes

Enjoy the mystical feeling of this ancient Indian ritual that utilizes herbal pindas (medicinal pillows), made with natural ingredients and stuffed with aromatic herbs, medicinal plants, rice and essential oils, to provide an exquisite aromatic massage. The incredible experience begins with a dry exfoliation with a firm bristle brush, which activates circulation and rids the skin of dry skin cells. Then our professional therapists steam the pindas allowing their aroma to permeate the suite as they begin a healing massage for your body, soul & spirit. The main purpose of the pindas is to open the pores of the skin to facilitate the absorption of their anti-inflammatory, analgesic, revitalizing and relaxing properties.

### **THE BEST OF JAPAN SHIATSU**

90 minutes

This Oriental therapy begins on a tatami (mat placed on the floor) where we start the harmonizing process by combining the application of pressure along the meridians of the body with assisted stretching to help balance the body's energy and improve flexibility, resulting in a profound sense of wellbeing for both the mind and body.

### **THAI - YOGA MASSAGE**

90 minutes

Go back through history to the times of traditional Thai medicine and enjoy the powerful healing art based on stretching, chiropractic manipulation, acupressure, meditation, yoga, reflexology and ayurveda. This unique massage will allow you to find the harmony and balance necessary for your body, mind & spirit.

RELAX



## TWO MOONS RITUAL

“Three things cannot be hidden for a long time: the Sun, the Moon, and love.”  
Buda

Enjoying time together as a couple is something that unites us forever. Sharing this special moment and relaxing with your other half is a memory that will last for a lifetime.

### MY OTHER HALF

50/80 minutes

You and your other half will enjoy the renewal of two kindred spirits who receive the energetic transformation of the universe through a delicious holistic massage with aromatic candle oil. Embark on a journey that balances and harmonizes you as a couple and allows you to connect spiritually with the one you love.

### TWO HEARTS

140 minutes

Escape to a world of sensations with your partner where renewal and sharing is the focal point. This indulgent couple's therapy starts with a foot ritual to purify the soul, and continues with a bath of flowers & vanilla for her and a house body exfoliation for him. A relaxing holistic massage is to follow and we round out the experience with a refreshing seaweed, lavender & propolis facial. This unique getaway will have you falling in love all over again

### HOLISTIC CEREMONY AT SUNSET

90 minutes

When the day comes to an end and vibrant shades of red and yellow are scattered across the sky, the Tatewari Spa begins their holistic ceremony, which starts with a light tropical exfoliation within the spa and continues with a walk to the beach among the candles that light the way. A relaxing foot ritual and a delicious holistic massage accompanied by the light and aroma of massage candles, the sound of the wind and the sea sweep guests off to a serene location of peace and intense tranquility.

At the end of the massage, you can enjoy the sunset with a delicious bottle of sparkling wine and a cheese platter or you can rest in our relaxation area where you can enjoy the privacy of this sensational experience.

## YELLOW MOON RITUAL

A CHILD'S EXPERIENCE

“Silver moon what do you pretend to do with our children?”  
Spain tail

We know that small children also like to enjoy divine spa experiences, which is why the tatewari spa has selected the best services to fit their needs. please enjoy these sublime experiences with your children.

### PETIT MASSAGE

40 minutes

Enjoy a mini massage designed especially for the little ones of the house. This relaxing massage uses chocolate oil which will make the experience even more enjoyable for your children.

### MANICURE & PEDICURE

60 minutes

During their first visit to the salon, your children can enjoy a relaxing treatment for their hands and feet without manicure and pedicure package for children. This unique experience is a great way to start off an incredible vacation.

### PETIT FACIAL

30 minutes

Learn the first steps for facial care while you enjoy a mini organic lavender and gum facial that will help you to relax, while hydrating your skin.

(Children should always be accompanied by an adult during their spa service. The Tatewari Spa will not perform any spa service if there is no adult in the room to accompany the spa therapist and the child).

## BEAUTY RITUALS

### WAXING

Full Leg  
 Half Leg  
 Bikini  
 Full Arm  
 Half Arm  
 Armpit, Eyebrow and Face  
 Back or Chest

### MANICURE

|                  |            |
|------------------|------------|
| Tatewari Classic | 40 minutes |
| Tatewari Spa     | 50 minutes |
| Luxury Spa       | 60 minutes |

### PEDICURE

|                                 |            |
|---------------------------------|------------|
| Classic Pedicure                | 45 minutes |
| Tatewari Spa Pedicure           | 50 minutes |
| Luxurious Tatewari Spa Pedicure | 65 minutes |

### OTHER SERVICES

|                                      |            |
|--------------------------------------|------------|
| Nail Polish Change                   | 20 minutes |
| Gel Polish                           |            |
| French Polish                        |            |
| Extra Paraffin for the Hands or Feet |            |
| Removal of Gel Polish                |            |
| Complete Set of Acrylics             |            |
| Acrylics Refill                      |            |
| Full Nail Acrylic                    |            |

### GENTLEMEN'S SERVICES

|                      |            |
|----------------------|------------|
| Gentlemen's Pedicure | 25 minutes |
| Gentlemen's Manicure | 25 minutes |
| Haircut for Men      | 40 minutes |

### LADY'S SERVICES

|                                    |            |
|------------------------------------|------------|
| Hair Style for Medium to Long Hair | 80 minutes |
| Short Hair Style                   | 30 minutes |
| Makeup                             | 60 minutes |
| Blow Dry Short                     | 40 minutes |
| Blow Dry Medium/Long Hair          | 50 minutes |
| Haircut for Women                  | 60 minutes |
| Hair Treatment (includes Blow Dry) | 40 minutes |
| Express Straightening              | 20 minutes |
| (does not include a wash)          |            |
| Express Curl                       | 20 minutes |
| (does not include a wash)          |            |



